



# British Society for Medical Dermatology



PROMOTING ACADEMIC & CLINICAL INTEREST IN DERMATOLOGY

## BSMD Annual Newsletter

June 2018

ANNUAL CURRY NIGHT

## Letter from our President

by Associate Professor Michael Arden-Jones



This The British Society for Medical Dermatology (BSMD) has had another successful year in 2017/18. Enormous credit goes to the committee for all their help and assistance. The primary focus of the BSMD is teaching and education. All info can be found on our website: [www.bsmd.org.uk](http://www.bsmd.org.uk). Our courses often get sold-out, so please plan ahead.

After another successful year at Willan House, 'Essential Medical Dermatology' (EMD) is moving to Newcastle for 2019, before returning to London again in 2020. I am grateful to Dr Adam Fityan, who has taken over the running of this course from Dr Simon Meggitt. EMD is a strong building block for the Advanced Medical Dermatology Therapeutics (AMD) course.

Prof Rod Hay and Dr Rachel Morris-Jones provide the excellent 'The Essential Cutaneous Infections' course on behalf of the BSMD, which compliments all of our courses.

We are honoured to coordinate the BAD Medical Dermatology Day at the Royal College of Physicians in January (the theme in 2019 is 'Blistering skin disease), as well as the medical dermatology session at the BAD annual meeting. Please look out for our new

session of complex grey cases on Thursday afternoon at the BAD meeting in Edinburgh.

DermDoc, in the Autumn, is for doctors considering a career in Dermatology, and is ever popular for pre-ST3 who want to know more and get careers advice. We also sponsor two training awards (previously known as fellowships) each receiving up to £2500 towards training expenses.

Additionally, we are working with the BAD to develop a one-year Medical Dermatology Fellowship curriculum that may be used nationally.

Dr Ian Coulson, Honorary Treasurer, has done a splendid job and kept the BSMD's finances in a good position to develop more ideas. He has also led the development of the medical dermatology forum where members can securely discuss difficult cases online (all approved by the GMC!).

Thanks again this year to Dr Shikha Gupta who, as Honorary Secretary, organises our committee meetings and keeps us on track.

At the BSMD's AGM in January 2018, I am proud that the society chose to award our ex-President Dr Andrew Carmichael with Honorary membership.

We are 10 years old in 2019, and look forward to another successful year until then.



### Liverpool 2017

BSMD members got together during the BAD annual conference for their infamous curry night, attended by trainees and consultants.



# Annual British Society for Medical Dermatology Trainee Awards



**Dr Georgina Fremlin**

The BSMD Trainee Award allowed me to attend a range of clinics where I was able to enhance my experience in complex medical dermatology, develop my understanding of how specialist clinics are organised and further recognise the importance of the multidisciplinary team. I have been able to develop contacts within the field to help assist with management of complex patients in the future. I attended the following:

- ✓ Pregnancy dermatoses clinic, St Peter's Hospital Surrey, Dr Samantha Vaughan-Jones
- ✓ Hidradenitis suppurativa clinic, St John's Institute of Dermatology, London, Dr Nemesha Desai & Dr Ruth Lamb
- ✓ Severe eczema clinic, St John's Institute of Dermatology, London, Prof. Catherine Smith
- ✓ Immunobullous clinic, St John's Institute of Dermatology, London, Dr

Richard Groves

- ✓ Cutaneous sarcoidosis clinic, King's College Hospital, London, Dr Sarah Walsh
- ✓ Psoriasis clinic, Salford Royal, Manchester, Prof. Richard Warren
- ✓ Joint psoriasis & psoriatic arthritis clinic, Salford Royal, Manchester, Prof. Richard Warren & Dr Hector Chinoy (Consultant Rheumatologist)
- ✓ Cutaneous lupus clinic & complex medical dermatology, Chapel Allerton Hospital, Leeds, Prof. Mark Goodfield

#### Courses:

1. EADV Fostering Pregnancy Dermatoses Course, Croatia
2. Habit reversal and atopic eczema course, Medical Society of London

I would like to thank the BSMD for this wonderful, personalised opportunity and all my supervisors for allowing me to attend their clinics and provide me with excellent learning opportunities and experience. The award has been an invaluable opportunity for my professional development and learning which I will use as a consultant dermatologist.



**Dr Dhruvkumar Laheru**

The support from the BSMD's Trainee award, my trainers, mentors, & colleagues' encouragement, have all helped me cement a foundation in the sub-specialty field of nail disease. With the BSMD's award I was able to attend clinics and see rare, common and nationally referred cases with one of the UK's leading experts, Dr David de Berker in Bristol.

Through Dr de Berker's guidance, I've learnt a method of safely approaching the 'unknown' - a necessity for anyone newly developing a sub-specialty interest. Some examples of conditions encountered include psoriatic nails, pincer nails, SCC of the digital tips, pachyonychia congenita, yellow nail syndrome, 20 nail dystrophy, lichen planus, respiratory, vascular and rheumatological phenomena, onychomycoses and more. Importantly, it's the little tricks learnt, not easily available in the books that one cherishes. I have a note pad full of these now, and hoping to add more!

I also used the funding to attend a national nail disease update course, hosted by Dr Anita Takwale. Thereafter, my attendance at the International Nail Summit in Athens got me in touch with others globally. It is through everyone's combined support that I made the decision to take time out of training for further study and training in nail disease – the BSMD being my catalyst!

I am immensely proud to have been granted this award, and immensely grateful for what I've learnt and the avenues it has encouraged me to pursue and keep pursuing.

## BSMD Honorary Memberships

Andrew Carmichael (Immediate past president of the BSMD) presented Professor Chris Griffiths with Honorary Membership of the BSMD at the BAD Annual meeting in Liverpool 2017. The award was in recognition of his unique and outstanding contribution to Medical Dermatology in the field of research, particularly on psoriasis and aged skin, and in ensuring his vision of a subspecialty of Medical Dermatology in the UK became a reality, with the establishment of the British Society for Medical Dermatology.



Andrew Carmichael later in the year received his own Honorary Membership of the BSMD, presented by current president, Dr Michael Ardern-Jones, during our AGM in London. Dr Carmichael has made substantial contributions in guiding the committee, and to promoting medical dermatology both in the UK and abroad through his work in Ghana.

## CALENDAR

- July 3-5 2018: BAD Annual Meeting BSMD session
- September 24 2018: Essential Cutaneous Infections
- November 5 2018: DermDoc
- January 17 2019: Medical Dermatology
- February 8 2019: Closing date for trainee awards

For updates & registration details go to: [www.medderm.org.uk](http://www.medderm.org.uk) & @MeddermUK (Facebook & Twitter)



## INTRODUCTION OF THE FORUM

The society has opened up a secure & confidential forum, where interesting cases can be presented and discussed, and ideas can be shared. Users have the capability of submitting photographs. The aim of the forum is to provide excellence in care for patients with complex medical dermatology problems, as well as act as an educational resource. It can be accessed via:

<https://forum.medderm.org.uk/>

## AWARD RECIPIENTS



Prof. Jane Dacre, president of the Royal College of Physicians awards Dr Khimara Naidoo with the Neville Rowell prize for best oral presentation.

### Essential Medical Dermatology 2017

- "A life-threatening unusual underlying cause of skin and bowel disease in a child" Dr Adam Daunton

### DermDoc 2017

- Best "Challenging Cases" Presentation: "Pyoderma Gangrenosum of the breast with nipple complex involvement in a patient with underlying Granulomatosis with Polyangiitis" Dr Aamna Adel
- Best Poster: "Erythrodermic pityriasis rubra pilaris managed at home: intensive community care followed by ustekinumab" Dr Nor Farhani Ismail

### Medical Dermatology 2018

- The Neville Rowell prize for an oral presentation: "Amicrobial pustulosis of the folds: a rare presentation of lupus erythematosus" Dr Khimara Naidoo
- Best poster: "Neutrophilic Urticarial Dermatoses" Dr Ying Teo

### BSMD Trainee Awards

- The 2018 BSMD trainee awards went to Dr Bryan Murphy, ST5 trainee from Ulster Hospital, Belfast and Dr Vanessa Van-de-Velde, ST5 Edinburgh Royal Infirmary, Edinburgh. Read the reports from the 2017 recipients in this newsletter. The BSMD will be inviting 2019 Trainee Award applications in July (closing date 8th Feb 2019).



Prof. Giuseppe Agenziano is interviewed by Dr. Vicky Jolliffe on his talk "Time to use the dermatologist stethoscope?" at the British Association of Dermatologists' 2017 Annual Conference in Liverpool

## Podcasts debut on our website

### BAD & BSMD COLLABORATION

The BAD and BSMD have collaborated to produce five keynote speaker interviews from the BAD Liverpool conference 2017 which can be found at:

<http://www.bad.org.uk/events/annualmeeting/podcasts>.

Topics include Teledermatology and mobile phones with Dr Carolyn Charman; Travels with my grant: tales of a gene hunter with Professor John McGrath; What is epigenetics and why is it important in psoriasis with Professor James Elder and Non-TB Mycobacterial diseases with Professor Kenneth To.

### BSMD MEMBERSHIP INFORMATION

Associate members (Foundation and Core Trainees) pay five pounds annually.

Full members (all other grades) pay twenty pounds annually.

**JOIN** via the BAD website under the S.I.G. Application tab and chose BSMD!

<https://www.medderm.org.uk/membership/>

OR

<https://portal.bad.org.uk/MembershipApplication/SIGApplication.aspx>



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